

CERTIFICATE

OF PARTICIPATION

This is to certify that

Justin Mills

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:22:33

PACE 10:18/km

OVERALL 68 of 166

GENDER 45 of 78

40 - 49 13 of 21

23 June 2019, Sun

Date



BoutTime